



**SUSPENSION
SYSTEM**

**tiguar™
ALFA**



TIGUAR SUSPENSION TRAINING STRAPS FOR CLUBS AND HOME USERS

In addition to providing the global market with a suspension system that maximizes the possibilities of its use in various types of workouts, our most important goal, apart from offering a wide range of available options for gyms and sports clubs as well as home users, was to create the top performance, professional workout straps.

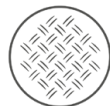
That's why tiguar suspension training straps have been designed by a team of experts, they are manufactured in Poland and are of above-average quality allowing for commercial use - which are the features that make them stand out from other similar equipment.

TOP QUALITY COMPONENTS AND COOPERATION WITH MANUFACTURER OF BELAYING SYSTEMS

Since reliability of tigar equipment is a key feature for us, components of tigar alpha sets are made of the highest possible quality materials.



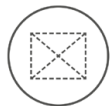
AIRCRAFT-GRADE ALUMINIUM



NON-SLIP HANDLES



LIFTING CAPACITY OF 1200 KG



REINFORCED ENVELOPE STITCHING



SAFETY FACTOR 6:1



SPECIALLY DESIGNED WEAVE



COMPLIANT WITH THE STANDARD

The carabiners are made of aircraft-grade aluminium (this is the most durable aluminium on the market, and the carabiners made of this material are both lightweight and reliable), and the webbing itself, with our specially designed weave, is woven in Poland. Throughout the design process, we cooperated with a manufacturer of belaying systems, which means that tigar webbing maintains the highest safety standards in suspension training.



MADE IN
POLAND

THE FIRST MODULAR SUSPENSION SYSTEM ON THE MARKET

The tigar alfa PRO is an innovative, modular suspension system – it consists of several components that increase its range of application and allow it to be used not only in strengthening and stretching workouts, but also in gymnastic training and aerial training.

All this is possible thanks to an open system that allows the modules to be assembled in different ways, thus allowing to create various types of equipment. From now on, the standard use of bands in bodyweight training is just one of the options available to those who choose tigar alfa PRO bands. It only takes a few seconds to disconnect the individual parts of the system and replace the traditional exercise handles with gymnastic wheels, aerial accessories, trapeze or swing.



tigar
ALFA **PRO**



MADE IN
POLAND

CONVENIENCE AND EFFECTIVENESS OF SUSPENSION WORKOUT

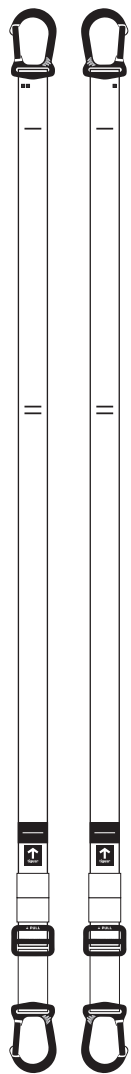
Designed and manufactured in Poland, the tigar alfa ONE training straps are the highest quality equipment both for commercial use and for demanding home users. It was created to provide the Polish and foreign markets with the first such professional and durable suspension training straps at a reasonable price.

The revolutionary solution of bodyweight exercises performed with the use of specially constructed straps is an indispensable part of workouts for both professional and amateur athletes. Suspension straps should be a part of every sports club, gym or training studio – but the choice of the model of straps that will hang in the workout rooms should be determined primarily by concern for the safety of club members and your trainees. That's why the tigar alpha ONE guaranteed for commercial use is one of the few models on the market that are suitable for workouts in clubs and gyms.



tigar
ALFA **ONE**

tiguarTM ALFA PRO



L/R main strap

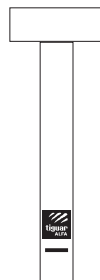


suspension anchors
123,4 cm, 2 pieces

suspension anchor
with carabiner
101,5 cm



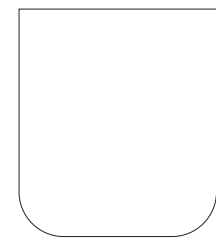
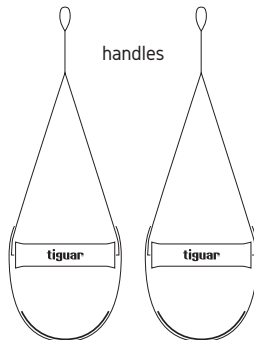
door anchor



loop



handles



storage and transport bag

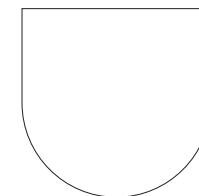
tiguarTM ALFA ONE



suspension anchor
with carabiner
101,5 cm

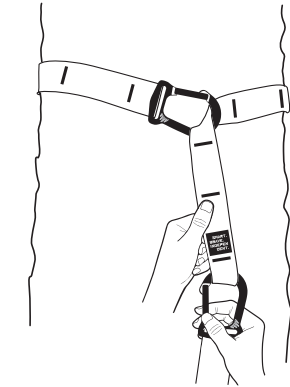
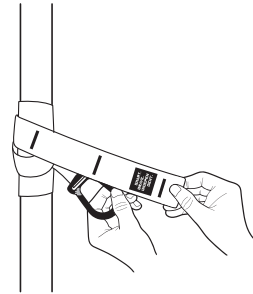
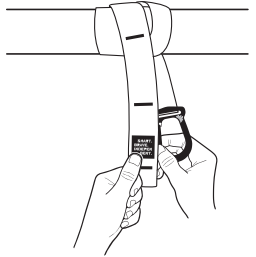


storage
and transport bag



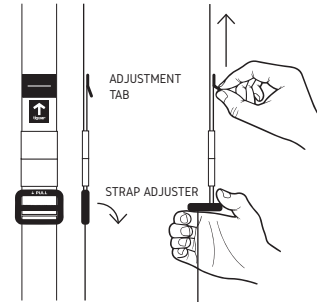


TIGUAR STRAPS SETTING UP INSTRUCTIONS

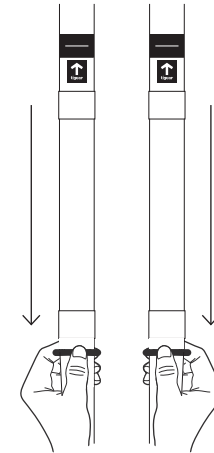


SUSPENSION ANCHOR

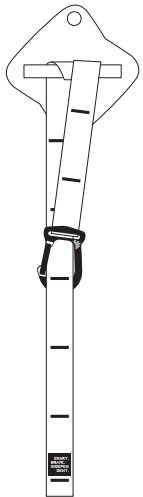
ADJUSTING THE LENGTH OF THE STRAPS



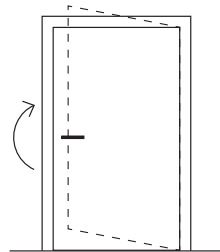
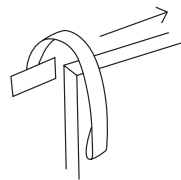
SHORTENING



LENGTHENING

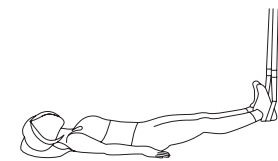
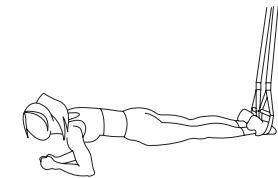
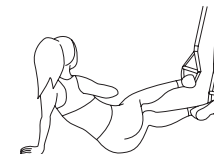
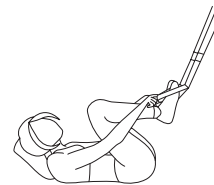


MOUNTING ANCHOR



DOOR ANCHOR

GROUND EXERCISES





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