# **SLAMBALL SBX.**

## Designed to be slammed and built for the toughest workout.

Don't be fooled by the forgiving, textured surface, the Slamball SBX will force you to work hard thanks to the unstable nature of the filling that will push your deep core muscles to the limit.

We've taken our previous Slamball design and updated it. Super-tough SBX rubber with a moulded interlayer of reinforcing fabric mesh now delivers even more durability.



#### **TECHNICAL INFORMATION.**

Warranty: Dimensions:

1 year. All equal in diameter (23cm/9")

regardless of the weight.

**Materials:** 

Outer cover: Textured SBX rubber over a reinforcing

mesh fabric.

Inner filling: Mixture of iron particles and silica sand.

Country of origin: Taiwan.



#### **CLUB BENEFITS.**

- Great addition to power circuits and cross training areas.
- Will not roll when thrown or slammed.
- Subtle yet clear coloured weight indications.

#### PT BENEFITS.

- Manageable size allows clients to generate maximum power.
- Instability makes handling a challenge.
- Innovative functional training tool.

#### **USER BENEFITS.**

- Varied weight range.
- Good fun and great anti-stress release.
- Exciting training tool offering a variety of unique exercises.



New SBX rubber construction, with wall thickness 50% thicker than our previous Slamball.



Perfect for sport-specific training and whenever advanced users need a new challenge.



Made for slamming which means it won't roll or bounce away when it hits the ground.



Unstable deadweight means you have to work hard to hold it and pick it up off the ground.



Unique reinforced internal valve guards against splits and leaks.

### WHY CHOOSE AN ESCAPE SLAMBALL SBX?

Overhead slams are a fantastic exercise to let off some steam. With four different weights, the Slamball SBX will challenge every user no matter what their level. The Slamball SBX is perfect for developing power, speed and strength and with in-built instability the Slamball SBX will help to further build grip strength and engage multiple muscles.





#### STORAGE.



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