

# The perfect gloves for combining combat and functional training in a single workout.

With its fingerless design, the BOA Mitt lets users combine punchbag work with other styles of training, without having to take the gloves off. It feels great when punching, but enables all the finger dexterity needed for handling functional and strength tools, and for doing bodyweight exercises.

## **TECHNICAL INFORMATION.**

Warranty:

1 year.

#### Sizes and weight:

Available in medium or large, with both versions approx. 8oz per mitt.

#### Materials:

Polyurethane, polyester and Velcro.

Country of origin: Pakistan.

### **CLUB BENEFITS.**

- Perfect for boutique clubs offering group combat experiences.
- Available in two sizes, with adjustable wrist straps, so there's a BOA Mitt for every member.
- Generate extra revenue by selling pairs to members, or add them to membership packs for extra value.

### PT BENEFITS.

- Quick transitions between hitting a punchbag and handling functional training tools.
- Small enough so you can carry two or three pairs with you at all times.
- Introduce new exercises and programming – great for adding variety to workouts with longstanding clients.





### **USER BENEFITS.**

- Unlike traditional boxing gloves, the fingerless design gives you the freedom to handle functional tools and do bodyweight exercises.
- Compared to the average 12-16oz gloves, these 8oz mitts are lighter and for many users will have a more natural feel.



Polyurethane has waterproof, soft and supple qualities; much lighter than real leather.



The fingerless design allows for versatile movement that won't restrict a user's ability to grip and hold products.



Less restrictive than boxing gloves, they feel much more natural – especially for people new to combat training.



The mitts feature a Velcro wrap-around closing strap for a confident fit and wrist support.



A truly authentic product that gives users a taste of the MMA experience.

# WHY CHOOSE THE ESCAPE BOA MITT?

Training based around boxing and MMA style workouts is a fast-growing trend. It's no longer just for competitive fighters; now more and more people understand the benefits of this type of training and want to get involved. Escape's BOA Mitts will bring any club a feeling of authenticity in this area. They look the part and perform brilliantly too.

The real beauty of BOA Mitts is the way they unlock programming opportunities. Because they enable quick transitions between exercise types, workouts packed with variety can be created. So for classes and one-to-one PT, the BOA Mitt is ideal for bringing a whole new experience to members.



